

## **“Winter Hospitality Overflow”**

**Hosted by St Paul Lutheran**

**Suggested items we ask our group to consider donating to help the food needs at WHO.**

- Breakfast cereal: 1 box per day = 7 boxes per week
- Hot cocoa mix: 40 envelopes per week
- Sugar: 5 pounds per week
  
- Coffee creamer: 2 pounds per week
- Coffee: 3 pounds regular & 3 pounds decaf EACH per week
- Milk: 2-3 gallons per day = 14—21 gallons per week
- Juice: 2-3 gallons per day = 14-21 gallons per week
- Peanut Butter: 2-3 pounds per week
- Bread: 2 loaves per day = 14 per week
- Jelly and Jam: 1 large jar per week
- Lunch meats and cheese
- Butter—Mustard—ketchup—mayonnaise—pickles
- Cup-O-Noodles or other individual microwave meals/soups
- Nutritious snack bars

**Sometimes our guests have gotten wet and cold, and we need to get them dry and warm, so we also have need for your gently-used:**

- Jeans/ pants
- Gloves & hats
- Warm shirts/ sweaters
- Coats & shoes
- Socks & underwear
- Blankets—twin or full size
- (please, no bedspreads or comforters)
- Sheets—twin only
- Towels and wash cloths

**The following is a list of non-food needs for the WHO Project. Please consider what you can give.**

- Toilet paper: 14 rolls per week
- Hand sanitizer: 4-6 bottles per week
- Liquid hand soap: 4 bottles per week
- Shower soap: Liquid Dial—4-6 bottles per week
- Shaving cream, razors
- Deodorant (spray)
- Toothbrushes and tooth paste
- Foot cream
- Kitchen paper towels: 7-10 rolls per week
- Napkins/Tissues
- Garbage bags: 1 box—33 gallon & 1 box 15 gallon
- Laundry detergent: 6-7 loads per day (HE type—pods)
- Dishwasher detergent: 2 loads per week
- Disinfectant wipes: 4 large tubs per week
- Febreeze: 2 cans per week
- Scrubbing Bubbles shower spray: 1 can per week
- Lysol toilet bowl cleaner: 1 bottle per week
- Dryer sheets
- Disposable gloves

Thank you

**Southwest Washington Washington Watercolor Society**